

# Provisional Programme

Workshop on leadership and  
service transformation in mental health:  
**Creating synergies between EU Joint Action ImpleMENTAL  
and the pan-European Mental Health Coalition**

Brussels, Belgium  
22–23 May 2024



# Day 1 – STRENGTHENING MENTAL HEALTH LEADERSHIP

Wednesday, 22 May 2024

08.30–09.00 Registration, coffee

9.00–9.30 **Opening and welcome**

**Moderator: Ledia Lazëri**, Regional Advisor, Mental Health Flagship, WHO Regional Office for Europe

- **Hans Kluge**, Regional Director for Europe, WHO Regional Office for Europe – *Welcome (video statement)*
- **Frank Vanderbrouck**, Deputy Prime-Minister, Minister of Social Affairs and Public Health, Belgium – *Welcome (video statement)*
- **Natasha Azzopardi Muscat**, Director, Division of Country Health Policies and Systems, WHO Regional Office for Europe – *Overview of mental health systems in the WHO European Region*
- **Stefan Schreck**, Adviser for stakeholder relations, DG Santé – *Welcome remarks*

9:30–10.15 **SESSION 1: Addressing stigma and discrimination in mental health**

**Moderator: Sue Baker**, Director, Changing Minds Globally, United Kingdom

- **Graham Thornicroft**, Professor of Community Psychiatry, Centre for Global Mental Health and the Centre for Implementation Science, Institute of Psychiatry, Psychology and Neuroscience, King's College London, United Kingdom – *Introduction to stigma (video statement)*
- **Gulnara Sagieva**, participant in the “Independent Living for People with Mental Disorders” project, and **Aigul Shakibaeva**, an expert on the rights of persons with psychosocial disabilities, Kazakhstan – *Sharing experiences of stigma and regaining rights in Kazakhstan*
- **Jaana Suvisaari**, Research professor, Finnish Institute for Health and Welfare, Finland – *Keynote on how to reduce stigma and discrimination in mental health*
- **Arnaud Poitevin**, Deputy CEO/ESPER Pro, France and **Zbynek Roboch**, Deputy Chairman/ DIALOGOS, Czech Republic, WHO Stigma Toolkit writing group – *Importance of involving people with lived experience: introduction to the WHO MOSAIC Toolkit to reduce stigma and discrimination in mental health*

10:15–10:45 **Group photo and coffee break**

10:45–11:45 **SESSION 1: Addressing stigma and discrimination in mental health (cont. offline)**

**Moderators: Sue Baker**, Director, Changing Minds Globally, United Kingdom and **Jason Maurer**, Mental health communications consultant, Mental Health Flagship, WHO Regional Office for Europe

- Round table: commentary on draft of WHO MOSAIC anti-stigma toolkit
- Feedback from group work

11:45–12.45 **SESSION 2: Strengthening leadership in mental health across societies**

**Moderator and keynote: Matt Muijen**, Consultant, Mental Health Flagship, WHO Regional Office for Europe – *Leadership – the glue for meaningful coordinated actions*

- **Steve Appleton**, President & Chief Executive, Global Leadership Exchange, United Kingdom and **Sean Russel**, COO and European Lead, Global Leadership Exchange, United Kingdom – *Introduction to WHO mental health leadership course*

12:45–13:45 **Lunch break**

13:45–15:15 **SESSION 2: Strengthening leadership in mental health across societies (cont. offline)**

**Moderators: Steve Appleton**, President & Chief Executive, Global Leadership Exchange, United Kingdom and **Sean Russel**, COO and European Lead, Global Leadership Exchange, United Kingdom

- Round table discussions: Co-designing the Leadership course
- Reflections from the group work

15:15–15:45 **Coffee break**

15:45–17:30 **SESSION 3: Cross learning with EU Joint Action ImpleMENTAL / EU best practices**

**Moderators: Lily E. Peppou**, Scientific Officer, National Public Health Organization, Greece and **Antonio Lora**, Former Head of the Department of Mental health and Substance Abuse of ASST Lecco, Consultant for Welfare Directorate of Lombardy Region, Italy

**Vasileia Konte**, JA ImpleMENTAL Coordinator, Head of Directorate of Services, National Public Health Organisations, Greece – Overview presentation of JA ImpleMENTAL

- Country case stories on implementation of best practices of JA ImpleMENTAL
  - » Croatia
  - » Estonia (online)
  - » Iceland (online)
  - » Lithuania (online)
  - » Malta
  - » Slovenia
  - » Spain
- Inputs from Stakeholder Forum and Member States Policy Committee
- Closing remarks

19:00 **Dinner**

# Day 2 – MENTAL HEALTH SERVICE TRANSFORMATION

Thursday 23 May 2024

## 9:00–9:15 Re-cap of Day 1 and introduction to Day 2

- **Ingibjörg Sveinsdóttir**, Senior Advisor at the Ministry of Health, Ministry of Health, Iceland
- **Emanuela Tollozhina**, Head of Public Health Unit, Ministry of Health and Social Protection of Albania

## 9:15–10.30 SESSION 4: Maximizing investment in mental health – from a theoretical framework to some case scenarios

**Moderator:** **Giulio Castelpietra**, Consultant, Mental Health Flagship, WHO Regional Office for Europe

- **Dan Chisholm**, Senior Adviser, Department of Mental Health and Substance Use, HQ/WHO (online) – *Investments in mental health*
- **Yannish Naik**, Technical officer, WHO European Office for Investment for Health and Development – *Investing in mental health and wellbeing*
- **Dóra Guðrún Guðmundsdóttir**, Director, Public Health at the Directorate of Health, Iceland (online) – *The Icelandic journey towards a wellbeing economy and its successful prevention efforts in terms of youth drinking, i.e., Planet Iceland/the Icelandic Model*
- **Dilorom Tashmukhamedova**, Deputy Chairperson of the Committee on Youth, Culture and Sports, Senate of the Republic of Uzbekistan – *Investing in mental health: new policy priorities for Uzbekistan*
- **Nina Kilcku**, Associate professor, Fellow Faculty of Nursing and Midwifery Royal College of Surgeons Ireland, President of European Psychiatric Nurses (Horatio) – *Investing in people - mapping the mental health workforce across the WHO European region*

## 10:30–11:00 Coffee break

## 11:00–12:30 SESSION 5: Transitions across the life course

**Moderator:** **Cassie Redlich**, Technical Officer, Mental Health Flagship, WHO Regional Office for Europe – *Introduction to service transitions to support mental health across the life course*

- **Eimear Kealy**, HSE National Office for Child and Youth Mental Health Ireland and **Mark Smyth**, Chair of the Sharing the Vision Youth Mental Health Transitions Specialist Group, Ireland (online) – *Youth mental health service transformation in Ireland*
- **Rimma Belikova**, Senior expert, Health Care Department, Ministry of Health, Latvia – *Supporting transitions from youth to adult mental health services in Latvia*

- **Pia Solin**, Chief specialist, Mental Health Team, Finnish Institute for Health and Welfare, Finland (online) – *Supporting healthy ageing and older adult mental health*
- **Gilad Bodenheimer**, Head of Mental Health Services, Ministry of Health, Israel – *Resilience centres to address trauma across the life course in Israel*
- **Hans Kroon**, Head, Mental Health Care and Participation, Trimbos Institute, Netherlands – *Service transitions in the Netherlands*
- **Claudia Marinetti**, Director, Mental Health Europe, Belgium – *Supported employment transitions in mental health*

#### Moderated panel discussion

12:30–13:30 **Lunch**

13:30–14:45 **SESSION 6: Primary health care – a key actor for ensuring continuity of care**

**Moderators:** **Rachel Greenley**, Consultant, European Center for Primary Health Care, and **Giulio Castelpietra**, Consultant, Mental Health Flagship, WHO Regional Office for Europe – *Introduction to the policy brief: Scaling up mental health in primary health care for improved access to mental health services*

- **Zulfiya Pirova**, Technical Officer, WHO European Center for Primary Health Care, Kazakhstan (online) – *Strategies to scale up mental health in primary health care*
- Country experiences in the implementation of scale-up strategies
  - » **Naby Yessimov**, Deputy General Director of the Republican Scientific and Practical Center for Mental Health, Kazakhstan
  - » **Oksana Zbitnieva**, Head, Coordination center, Mental Health of Cabinet of Ministers of Ukraine; and **Iryna Mykycha**, Director, Mental Health Coordination Center, Cabinet of Ministers of Ukraine
  - » **Bernard Jacob**, Federal Coordinator, Mental Healthcare Reform, Directorate General for Healthcare, Belgium (tbc)
  - » **Graham Connon**, Principal psychologist, Dublin North City & County area, Ireland (online)

#### Moderated panel discussion

14:45–15:00 **Way forward and closure**

**Ledia Lazeri**, Regional Adviser, Mental Health Flagship, WHO Regional Office for Europe and **Vasileia Konte**, JA ImpleMENTAL Coordinator, Head of Directorate of Services, National Public Health Organisations, Greece

15:00–15:30 **Coffee break**